

COVID-19 SELF-ASSESSMENT CHECKLIST

| PLEASE READ EACH QUESTION CAREFULLY | WHAT IS YOUR ANSWER? | |
|---|---|-----------|
| Have you experienced any of the following symptoms in the past 48 hours: <ul style="list-style-type: none"> • fever or chills (fever is 100 degrees or higher) • conjunctivitis associated with fever or chills • cough • shortness of breath or difficulty breathing • fatigue • muscle or body aches • headache • new loss of taste or smell • sore throat • congestion or runny nose • nausea or vomiting • diarrhea | YES | NO |
| Within the past 14 days, have you been in close physical contact (6 feet or closer for a cumulative total of 15 minutes) with: <ul style="list-style-type: none"> • Anyone who is known to have laboratory-confirmed COVID-19? OR • Anyone who has any symptoms consistent with COVID-19? | YES | NO |
| Have you tested positive for Covid-19 in the past 10 days? | YES | NO |
| Are you isolating or quarantining because you may have been exposed to a person with COVID-19 or are worried that you may be sick with COVID-19? | YES | NO |
| Are you currently waiting on the results of a COVID-19 test? | YES | NO |
| Did you answer NO to ALL QUESTIONS? | Access to FPC facilities APPROVED. | |
| Did you answer YES to ANY QUESTION? | Access to FPC facilities NOT APPROVED. | |

If you have answered "no" to the above questions and choose to attend an in-person FPC event, you agree to and attest to the following:

1. I have truthfully answered "no" to the above questions and my responses are correct to the best of my knowledge.
2. I will abide by all FPC rules regarding wearing of a face covering, adhering to physical distancing and area hygiene. I may be required to leave the event if I do not abide by these rules or if I present symptoms related to COVID-19.
3. I will confirm if I have completed this self-check when asked by the activity organizer.

If you have questions regarding your specific circumstances, please contact Katy Weeks (covid-response@fpc-stow-acton.org) on behalf of the COVID Planning Task Force for more information.

Thank you for helping to protect our community!!